

(based on D Delgado 11.10.21)

My Daily 4 G's

Date _____

<p>Grateful Time _____</p> <p>1</p> <p>2</p> <p>3</p> <p>4</p> <p>5</p> <p>6</p> <p>7</p> <p>8</p> <p>9</p> <p>10</p>	<p>Goals</p> <p>Reason for my Goal</p> <p>Short Term</p> <p>1</p> <p>2</p> <p>Long Term</p> <p>1</p> <p>3</p> <p>2</p> <p>Who does it take</p> <p>1</p> <p>2</p> <p>What will I sacrifice</p> <p>1</p> <p>How I will Celebrate:</p> <p>1</p>
<p>Growth 30 min (audio/book/podcast)</p> <p>1</p>	<p>Grace (Let Go)</p> <p>1</p> <p>2</p>

2 3	3
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