

# IsaLean® Shake Creamy French Vanilla

## Nutrition Facts

Serving Size 1 Packet (60g)

Servings per Container 1

### Amount per Serving

**Calories** 240 Calories from Fat 55

Calories from Saturated Fat 15

% Daily Value\*

**Total Fat** 5g **8%**

Saturated Fat 1.5g **8%**

*Trans* Fat 0g

Polyunsaturated Fat 0.5g

Monounsaturated Fat 2.5g

**Cholesterol** 45mg **15%**

**Sodium** 240mg **10%**

**Potassium** 330mg **9%**

**Total Carbohydrate** 24g **8%**

Dietary Fiber 8g **32%**

Sugars 11g

**Protein** 24g **48%**

Vitamin A 50% • Vitamin C 40%

Calcium 32% • Iron 2%

Vitamin D 80% • Vitamin E 35%

Thiamin 60% • Riboflavin 70%

Niacin 45% • Vitamin B6 60%

Folate 80% • Vitamin B12 200%

Biotin 45% • Pantothenic Acid 40%

Phosphorus 24% • Iodine 40%

Magnesium 40% • Zinc 45%

Selenium 40% • Copper 50%

Manganese 60% • Chromium 80%

Molybdenum 60%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

**Ingredients:** Exclusive Myo-IsaLean Complex™ [whey protein concentrate (undenatured), milk protein concentrate (undenatured), low-heat nonfat dry milk], isomaltooligosaccharide powder, fructose, sunflower (*Helianthus annuus*) oil powder, natural flavors, olive (*Olea europaea*) oil powder, flax (*Linum usitatissimum*) seed powder, xanthan gum, tapioca maltodextrin, medium chain triglyceride (MCT) oil powder, cinnamon (*Cinnamomum zeylanicum*) powder, Ionic Alfalfa™, magnesium oxide, tricalcium phosphate, potassium citrate, magnesium citrate, apple (*Malus pumila*) juice powder, sea salt, enzyme blend [lactase (from *Aspergillus oryzae*), lipase (from *Rhizopus oryzae*), cellulase (from *Trichoderma longibrachiatum*), invertase (from *Saccharomyces cerevisiae*), protease (from *Aspergillus oryzae*), amylase (from *Bacillus subtilis*), bromelain (from *Ananas comosus*), papain (from *Carica papaya*), acid stable protease (from *Aspergillus niger*)], silicon dioxide, yucca (*Yucca schidigera*) root powder, vitamin C (ascorbic acid), magnesium stearate, psyllium seed powder, biotin, selenium amino acid chelate, *Lactobacillus acidophilus*, vitamin E succinate, copper amino acid chelate, vitamin A (beta carotene), stevia (*Stevia rebaudiana*) leaf extract, zinc oxide, manganese amino acid chelate, iodine amino acid chelate, niacinamide, *d*-calcium pantothenate, vitamin D3 (cholecalciferol), chromium amino acid chelate, niacin, molybdenum amino acid chelate, vitamin B6 (pyridoxine hydrochloride), vitamin B12 (cyanocobalamin), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), folate (folic acid)

**Contains milk ingredients.**

# IsaLean® Shake Creamy Dutch Chocolate

<b>Nutrition Facts</b>	
Serving Size: 2 Scoops (61 g)	
Servings per Container: 14	
Amount per Serving	
<b>Calories</b> 240	Calories from Fat 55
Calories from Saturated Fat 20	
% Daily Value*	
<b>Total Fat</b> 6 g	<b>9%</b>
Saturated Fat 2 g	<b>10%</b>
Trans Fat 0 g	
Polyunsaturated Fat 0.5 g	
Monounsaturated Fat 3 g	
<b>Cholesterol</b> 45 mg	<b>15%</b>
<b>Sodium</b> 265 mg	<b>11%</b>
<b>Potassium</b> 430 mg	<b>12%</b>
<b>Total Carbohydrate</b> 24 g	<b>8%</b>
Dietary Fiber 8 g	<b>32%</b>
Sugars 11 g	
<b>Protein</b> 24 g	<b>48%</b>
Vitamin A 50%	• Vitamin C 40%
Calcium 30%	• Iron 14%
Vitamin D 80%	• Vitamin E 35%
Thiamin 60%	• Riboflavin 70%
Niacin 45%	• Vitamin B6 60%
Folate 80%	• Vitamin B12 200%
Biotin 45%	• Pantothenic Acid 40%
Phosphorus 25%	• Iodine 40%
Magnesium 50%	• Zinc 45%
Selenium 40%	• Copper 50%
Manganese 60%	• Chromium 80%
Molybdenum 60%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65 g    80 g
Sat Fat	Less than 20 g    25 g
Cholesterol	Less than 300 mg    300 mg
Sodium	Less than 2,400 mg    2,400 mg
Potassium	3,500 mg    3,500 mg
Total Carbohydrate	300 g    375 g
Dietary Fiber	25 g    30 g
Protein	50 g    65 g
Calories per gram:	
Fat 9	• Carbohydrates 4    • Protein 4

**Ingredients:** Exclusive Myo-IsaLean Complex™ [whey protein concentrate (undenatured), milk protein concentrate (undenatured), low-heat nonfat dry milk], fructose, natural Dutch cocoa powder, isomaltooligosaccharide powder, sunflower (*Helianthus annuus*) oil powder, natural flavors, olive (*Olea europaea*) oil powder, xanthan gum, flax (*Linum usitatissimum*) seed powder, medium chain triglyceride (MCT) oil powder, Ionic Alfalfa™ (*Medicago sativa*) leaf extract, potassium citrate, magnesium oxide, tricalcium phosphate, sea salt, enzyme blend [lactase (from *Aspergillus oryzae*), lipase (from *Rhizopus oryzae*), cellulase (from *Trichoderma longibrachiatum*), invertase (from *Saccharomyces cerevisiae*), protease (from *Aspergillus oryzae*), amylase (from *Bacillus subtilis*), bromelain (from *Ananas comosus*), papain (from *Carica papaya*), acid stable protease (from *Aspergillus niger*)], magnesium citrate, silicon dioxide, yucca (*Yucca schidigera*) root powder, vitamin C (ascorbic acid), magnesium stearate, psyllium (*Plantago ovata*) seed powder, biotin, selenium amino acid chelate, cinnamon (*Cinnamomum zeylanicum*) powder, stevia (*Stevia rebaudiana*) leaf extract, vitamin E succinate, copper amino acid chelate, vitamin A (beta carotene), zinc oxide, manganese amino acid chelate, iodine amino acid chelate, niacinamide, d-calcium pantothenate, vitamin D3 (cholecalciferol), chromium amino acid chelate, niacin, molybdenum amino acid chelate, vitamin B6 (pyridoxine hydrochloride), vitamin B12 (cyanocobalamin), vitamin B2 (riboflavin), *Lactobacillus acidophilus*, vitamin B1 (thiamin hydrochloride), folate (folic acid)

**Contains milk ingredients.**