Hey \_\_\_\_\_\_\_!

I am super excited that you have taken the leap to a healthier you by ordering the Shaklee180 Turn Around Kit or your Lean and Healthy Kit.

I have attached the following:

* Delicious Smoothie Recipes
* Nutrition Guide (Super cool)
* Lifestyle tracker (track your progress biweekly)
* For your shaklee180 food recipes log onto: <http://gcehealth.info/shaklee_180_recipes.htm> (Delicious Dinner, Lunch etc Recipes)

Also here is a link to Videos/Testimonies, The videos are great to share with people. The Testimonials on the bottom are people I have worked directly with on their weight loss journey.  <http://gcehealth.info/shaklee_180.htm>

Register and/or Download app to track your food  <http://www.myfitnesspal.com/> Last but not least, let’s set up a weekly 10-15 minute check in call so we can talk about what’s working and answer questions that you may have.

We offer a virtual Shaklee180 party via the internet (ask your Specialist for day and times)  Log onto [www.join.me/gcehealth](http://www.join.me/gcehealth) and call: 1.712.432.8773  57777# . Come with questions, successes, and guests.

I am looking forward to working with you!

Your name

Phone

Email

Website